

**DR. JEAN HENRY, DEPT. HEALTH, HUMAN PERFORMANCE, AND RECREATION
COLLEGE OF EDUCATION & HEALTH PROFESSIONS. UNIVERSITY OF ARKANSAS**

<u>INSTITUTION</u>	<u>DEGREE</u>	<u>FIELD OF STUDY</u>
Texas A&M University	B.S.	Health and Physical Education
Michigan State University	M. A.	Sports Administration/Exercise Physiology
Texas Woman's University	Ph.D.	Health Studies - Worksite Health Promotion

RESEARCH AND PROFESSIONAL EXPERIENCE

1984-Present	Curriculum Development/Program Evaluation Consultant
1985-1995	Instructor, Health & Kinesiology, North Lake Community College
1993-1996	Exec Director - Summer Summits, Inc.; Experiential Education and Corporate Teambuilding
1997-1998	Interim Associate Director, Assistant Research Professor/Center for Research on Women's Health, Texas Woman's University
1998-2008	Faculty, Dept. of Health Promotion, University of Nevada, Las Vegas
2008-Present	Faculty, Dept. of Health, Human Performance, & Recreation, Univ. of Arkansas

COURSES TAUGHT

Undergraduate:	Culture and Health Sexuality in a Cultural Context Consumer Health Education for Fitness and Wellness Public and Community Health First Aid and CPR Internship in Health Promotion Cultural and Social Aspects of Health Environment and Society	Environmental Health Human Sexuality Stress Management Personal Health & Safety Kinesiology Health and Fitness Program Administration Ethics in Public Health & Health Care Analysis of Factors in Health & Wellness
Graduate:	Principles of Health Promotion Healthy Aging Professional Writing Multicultural Health Theoretical Foundations of Health Behavior	Multidisciplinary Teaming Strategies for Supervision Internship in Health Promotion Contemporary Issues in Health Promotion

ADDITIONAL INSTRUCTIONAL EXPERIENCES:

Through the Workforce Development program at UNLV, I designed and presented a variety of workforce development seminars/workshops for local corporate clients.

As Executive Director of Summer Summits, I was instructor/facilitator/guide for experiential education programming, including ropes/challenge courses & mountain backpacking trips; groups from public schools to corporate training.

Through public service and consultancy in Health Promotion, I regularly present workshops and special topic seminars on a variety of health-related topics to community and corporate groups.

As a scuba, kayaking, and ropes course instructor/instructor trainer, I have taught a variety of courses in the adventure sports setting.

SCHOLARLY EFFORTS

Current and Recent Research Projects

Motivations and Barriers to seeking higher education among Marshallese and Pacific Islanders (2016-Present) – Collaborative work with the Center for Research on Pacific Islander Health/UAMS; study to explore and resolve barriers to PI students pursuing higher education, with integration of designing successful recruitment strategies among these populations

Health Risks among Immigrant Workers in the US (2016-Present) – Co-Researcher with Bart Hammig and Donna Davis. Utilizes secondary data to assess and analyze determinants of health and health care access among immigrant workers in the US.

Age-Friendly Fayetteville (2012-present) – Co-PI (with Dr. Alishia Ferguson, Social Work) 5-year process of achieving the World Health Organization and AARP distinction as an "Age-Friendly City."

- Alcohol, Marijuana, Cigarettes, E-cigarettes, and Other Drugs: Who, Where, When, How** (2015-Present) – Faculty Advisor and Co-Researcher with Page Dobbs, David Rolfe, and Mona Mardanbigi. The study measures attitudes, subjective norms, and perceived behavioral control of college students regarding alcohol, marijuana, cigarettes, e-cigarettes, and other drugs.
- Certified Nursing Assistants: Role perceptions and meaning-making among CNAs and Administrators** (2008-2015). Exploration of the roles of CNAs in long-term care, as well as the perceptions of long-term care administrators regarding roles and responsibilities of CNAs in their facilities.
- Sentinel Network** (2014-2016)– UARK and UAMS-NW collaborative effort to assess and better understand the health needs of the community in Northwest Arkansas. Created a community-based, targeted sample by administering surveys in locations such as parks, community agencies, churches, health care facilities, sports venues, grocery stores, laundromats, and health fairs

Select Recent Publications

- Dobbs, P.D., Hammig, B., & Henry, L.J. (2017, in press). E-Cigarette use among US adolescents: Perceptions of relative addiction and harm. *Health Education Journal*.
- McElfish, P.A., Hallgren, E., Henry, L.J., Titok, M., Rubon-Chutaro, J., & Kohler, P. (2016). Health beliefs of Marshallese regarding type 2 diabetes. Accepted for publication, *American Journal of Health Behavior*, 40(2):248-257.
- Gray, M., Shadden, B., Henry, L.J., Di Brezzo, R., Ferguson, A., & Fort, I. (2016). Meaning making in long term care: What do Certified Nursing Assistants think? *Nursing Inquiry*, Spring 2016.
- Ginn, G.O., Henry, L.J., & Libby, T. (2016). Prevention of Workplace Violence. In: *Leadership and Nursing Care Management*, 6th edition (Huber, ed.) Chapter 24. Elsevier Pub.
- Bayyari, W., Henry, L.J., & Jones, C. (2013). Dieting among female college students at Palestinian universities. *Eastern Mediterranean Health Journal*, 19(1), 30-36.
- Shadden, B.B., Di Brezzo, R., Fort, I., Henry, J., & Gray, M. (2012). How Certified Nursing Assistants in different LTC facilities frame their work as meaningful. *The Gerontologist*, 51(S1), 156
- Michaelides, M., Parpa, K., Henry, L.J., & Brown B. (2010). Assessment of physical fitness aspects and their relationship to firefighter job abilities. *Journal of Strength and Conditioning Research*, 24(12), 3457-3463. doi: 10.1519/JSC.0b013e3181cc23ea
- McNab, W., & Henry, L.J. (2006). Human Sexual Desire Disorder: Do We Have A Problem?" *The Health Educator*,
- McNab, W., Henry, L.J., Goldsmith, M., & Day, C. (2004). Enforcing the Code of Ethics in Health Education: A Prescription for Compliance. *American Journal of Health Education*, 35, 312-315.
- Day, C., Hawkins, A., & Henry, L.J. (2003). Linking health promotion, health educators, and medicine: A prescription for success. *Legal Medicine* 2003;
- Henry, L.J., & McNab, W.L. (2003) Forever young: Health aspects of sexuality and aging. *Gerontology and Geriatrics Education*, 23(4), 57-74.
- Ginn, L.J., & Henry, L.J. (2003). Wellness Programs in the Context of Strategic Human Resource Management. *Hospital Topics*, Spring/Summer 2003, 23-28.
- McNab, L.J., & Henry, L.J. (2003). Answering questions students and adults ask about the Wonderful World of Sexuality. *The Health Educator*, 35(2), 109-112.
- Ginn, G.O., & Henry, L.J. (2001). Health promotion and wellness programs as a generalized investment in human capital. *International Electronic Journal of Health Promotion*, Vol. 4, pp. 323-329.

Select Recent Presentations

- Henry, L.J. (2016). *Community Health Workers Meeting the Care Needs of Older Adults in Rural Belize Communities*. Association for Gerontology in Higher Education, Long Beach, CA
- Henry, L.J. (2016). *Sexuality in Long-Term Care Facilities: Moral and Ethical Perspectives in the Contexts of Aging*. Association for Gerontology in Higher Education, Long Beach, CA
- Ferguson, A.J., & Henry, L.J. (2016). *Using a Windshield Survey to Involve Students in an Age Friendly Community Initiative*. Association for Gerontology in Higher Education, Long Beach, CA
- Daniel Dobbs, M. P., Blunt, H. D., & Henry, L. J. (2015, November). *Smoking Bystander Intervention Self-Efficacy Scale Development*. The 143rd American Public Health Association Annual Meeting, Chicago, IL
- Henry, L.J. (2015, February). *We Take Care of Our Own: Conversations about Aging in Dangriga, Belize*. Association for Gerontology in Higher Education, Nashville, TN
- Henry, L.J., & Avants, R. (2015, February). *A Mind of its Own: Recommendations for Health Promotion Programming and Counseling Related to Body Image and Aging Women*. Association for Gerontology in Higher Education, Nashville, TN
- Henry, L.J. (2015, February). *Environments for Healthy Aging: Insight into an Age-Friendly Community Service Learning Project*. Association for Gerontology in Higher Education, Nashville, TN
- Ferguson, A.J., & Henry, L.J. (2015, February). *Age Friendly Fayetteville: The Process of Changing the Face of Aging in Fayetteville, AR*. Association for Gerontology in Higher Education, Nashville, TN
- Henry, L.J. (2014). *Coping with Negative Body Image: Implications for Quality of Life in Older Women*. Association for Gerontology in Higher Education, Denver, CO
- Henry, L.J. (2014). *Utilizing Planning Models to Deepen Understanding of Effective Approaches to Sexual Health Programming for Older Women*. Society for the Scientific Study of Sexuality, Omaha, NE

- Henry, L.J. (2014). *The Role of Health Education Specialists in a Multidisciplinary Sexual Health Promotion Setting*. Society for the Scientific Study of Sexuality, Omaha, NE
- Avants, R.A., & Henry, L.J. (2014). *Women's Attitudes toward Invasive Cosmetic Procedures in Relation to Levels of Sexual Enjoyment and Feelings of Acceptability as a Sexual Partner*. Society for the Scientific Study of Sexuality, Omaha, NE
- Avants, R.A., & Henry, L.J. (2014). *The Impact of Negative Body Image on Sexual Enjoyment and Feelings of Acceptability as a Sexual Partner*. Society for the Scientific Study of Sexuality, Omaha, NE
- Henry, L.J. (2013). *Portrayals of Older Women in General Interest Magazine Ads: An exploratory content analysis*. Society for the Scientific Study of Sexuality, San Diego, CA
- Avants, R.L., & Henry, L.J. (2013). *Body Image Coping Strategies among a Sample of Older Women*. Society for the Scientific Study of Sexuality, San Diego, CA
- Henry, L.J. (2013). *Body Image, Aging, and Media: A Cautionary Tale*. Association for Gerontology in Higher Education, St. Petersburg, FL
- Henry, L.J., & Avants, R (2012 Intimacy Anxiety). *Body Image and Physical in Older Women: Is Age a factor?* Society for the Scientific Study of Sexuality, Tampa, FL
- Henry, L.J., Ferguson, A.J., & Miller, B.G. (2011). "Imagine the Possibilities! Promoting Sexual Quality of Life for Older Adults." Association for Gerontology in Higher Education, Cincinnati, OH
- Ferguson, A.J., & Henry, L.J. (2011). A Qualitative Look at Motivation and Barriers to Exercise: Where does Aging Fit In?" Association for Gerontology in Higher Education, Cincinnati, OH
- Jones, C., Hammig, B.J., & Henry, L.J. (2010). Weightlifting Injuries in Women 2002-2007. Safety 2010 World Conference, London, England, UK
- Shadden, B, DiBrezza, R., Henry, L.J., Fort, I. (2010). "Partnerships With CNAs: Supporting Communication in Long-Term Care." American Speech and Hearing Association, Philadelphia, PA
- Henry, L.J. (2009). "Body Image and Older Women: Not Invisible Any More." Presented at the Gerontological Society of America annual meeting, Atlanta, GA
- "International Perspective on Sexuality Education: Comparing the United States and Spain." AAHPERD, Salt Lake City, UT, 2006.
- "Teaching with Humor" Accepted for presentation, AAHPERD, Accepted, Chicago, IL, 2005.
- "Enforcing the Code of Ethics in Health Education: Is it Possible?" AAHPERD, New Orleans, LA, April 2004.
- "The School Counselor: An Essential Partner in Today's Coordinated School Health Climate." ASHA, El Paso, TX, October 2003.
- "Perceptions of Culture and Health: Conversations with Hispanic and Latinos in the United States and Abroad." SOPHE National \
- "Sexuality and the Golden Years." American Society of Sexuality Educators and Therapists, Las Vegas, NV, June 2003.
- "Unconditional Acceptance: Allies Helping GLBT Youth." American Society of Sexuality Educators and Therapists, Las Vegas, NV, June 2003.